

Member Engagement • Northern Region Trainings

July 2019

July 2, 2019, 2:00 pm – 3:00 pm

Guardianship

Join us for a discussion of guardianship, including alternatives for individuals with intellectual or developmental disabilities. Participants will learn about guardianship, when it is appropriate, how to start the process, the guardian's rights and responsibilities, available alternatives, and strategies to help individuals who do not meet the criteria of incompetency but need assistance to live safely in their communities.

Cost: Free

Time: 1 hour

Register here: <https://cardinalinnovations-extcommregistration.sabacloud.com>

REGISTRATION IS REQUIRED. If not enough registrants, training may be cancelled.

Cardinal Innovations
Five County Community Site
134 S. Garnett Street
Henderson, NC 27536

Facilitator name and contact information:

Monae Davis

Monae.Davis@CardinalInnovations.org

(252) 425-2857

July 2, 2019, 3:00 pm – 4:00 pm

Achieving a Better Life Experience (ABLE Act)

Join us for an opportunity to learn more about the ABLE Act, which amends Section 529 of the Internal Revenue Service Code of 1986 to create tax-advantaged savings accounts for individuals with disabilities. These tax-advantaged savings accounts can be used to cover qualified disability expenses including: education, transportation, housing, obtaining and maintaining employment, personal support services, acquisition of assistive technology, and health and wellness.

Cost: Free

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Facilitator name and contact information:

Monae Davis

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(252) 425-2857

July 5, 2019, 11:00 am – 12:00 pm

Guardianship

Join us for a discussion of guardianship, including alternatives for individuals with intellectual or developmental disabilities. Participants will learn about guardianship, when it is appropriate, how to start the process, the guardian's

rights and responsibilities, available alternatives, and strategies to help individuals who do not meet the criteria of incompetency but need assistance to live safely in their communities.

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Cardinal Innovations

Alamance-Caswell Community Site

Woodberry Park

2929 Crouse Lane, Suite B

Burlington, NC 27215

Facilitator name and contact information:

Jennifer Munch

Jennifer.Munch@CardinalInnovations.org

(336) 407-4202

July 11, 2019, 11:00 am – 12:00 pm

Guardianship

Join us for a discussion of guardianship, including alternatives for individuals with intellectual or developmental disabilities. Participants will learn about guardianship, when it is appropriate, how to start the process, the guardian's rights and responsibilities, available alternatives, and strategies to help individuals who do not meet the criteria of incompetency but need assistance to live safely in their communities.

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Cardinal Innovations

Chapel Hill Community Site

201 Sage Road, Suite 300

Chapel Hill, NC 27514

Facilitator name and contact information:

Whitney Robertson

Whitney.Robertson@CardinalInnovations.org

(919) 623-0150

July 11, 2019, 12:00 pm – 1:00 pm

Achieving a Better Life Experience (ABLE Act)

Join us for an opportunity to learn more about the ABLE Act, which amends Section 529 of the Internal Revenue Service Code of 1986 to create tax-advantaged savings accounts for individuals with disabilities. These tax-advantaged savings accounts can be used to cover qualified disability expenses including: education, transportation, housing, obtaining and maintaining employment, personal support services, acquisition of assistive technology, and health and wellness.

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Chapel Hill CommunitySite
201 Sage Road, Suite 300
Chapel Hill, NC 27514

Facilitator name and contact information:

Whitney Robertson
Whitney.Robertson@CardinalInnovations.org
(919) 623-0150

July 12, 2019, 1:00 pm – 2:00 pm

Guardianship

Join us for a discussion of guardianship, including alternatives for individuals with intellectual or developmental disabilities. Participants will learn about guardianship, when it is appropriate, how to start the process, the guardian's rights and responsibilities, available alternatives, and strategies to help individuals who do not meet the criteria of incompetency but need assistance to live safely in their communities.

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Cardinal Innovations
Five County Community Site
134 S. Garnett Street
Henderson, NC 27536

Facilitator name and contact information:

Juanita Jefferson
Juanita.Jefferson@CardinalInnovations.org
(252) 425-1589

July 12, 2019, 2:00 pm – 3:00 pm

Achieving a Better Life Experience (ABLE Act)

Join us for an opportunity to learn more about the ABLE Act, which amends Section 529 of the Internal Revenue Service Code of 1986 to create tax-advantaged savings accounts for individuals with disabilities. These tax-advantaged savings accounts can be used to cover qualified disability expenses including: education, transportation, housing, obtaining and maintaining employment, personal support services, acquisition of assistive technology, and health and wellness.

Cost: Free

Time: 1 hour

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Henderson, NC 27536

Facilitator name and contact information:

Juanita Jefferson
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(252) 425-1589

July 16, 2019, 12:30 pm – 1:30 pm

Upward To Financial Stability

Join us to learn basic money principles: why we need money, how we get it and how to create good money habits to achieve our goals. The overall goal of this training is to increase financial security through asset development for individuals with an intellectual or developmental disability. Discussion will include banking services, budgeting and applying for a loan.

Cost: Free

Time: 1 hour

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Burlington, NC 27215

Facilitator name and contact information:

Jennifer Munch

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(336) 407-4202

July 16, 2019, 2:00 pm – 3:00 pm

Guardianship

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July 16, 2019, 3:00 pm – 4:00 pm

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(252) 425-2857

July 17 & July 18, 2019, 9:00 am – 5:00 pm

Wellness Recovery Action Plan (WRAP)

Wellness Recovery Action Plan (WRAP) is a program that helps individuals identify what makes them well and creates a culture to encourage them to be active participants in their own wellness. Come join us on a journey of learning how to help keep yourself well through fun activities and sharing in a safe environment. WRAP training includes plans for responses from others when you cannot make decisions, take care of yourself or keep yourself safe..

Cost: Free

Time: 16 hours

Register here: <https://cardinalinnovations-extcommregistration.sabacloud.com>

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Five County Community Site
134 S. Garnett Street
Henderson, NC 27536

Facilitator name and contact information:

Juanita Jefferson

Juanita.Jefferson@CardinalInnovations.org

(252) 425-1589

July 22, 2019, 11:00 am – 12:00 pm

Achieving a Better Life Experience (ABLE Act)

Join us for an opportunity to learn more about the ABLE Act, which amends Section 529 of the Internal Revenue Service Code of 1986 to create tax-advantaged savings accounts for individuals with disabilities. These tax-advantaged savings accounts can be used to cover qualified disability expenses including: education, transportation, housing, obtaining and maintaining employment, personal support services, acquisition of assistive technology, and health and wellness.

Cost: Free

Time: 1 hour

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Woodberry Park

2929 Crouse Lane, Suite B
Burlington, NC 27215

Facilitator name and contact information:

Jennifer Munch

Jennifer.Munch@CardinalInnovations.org

(336) 407-4202

July 30 & July 31, 2019, 9:00 am – 5:00 pm

Wellness Recovery Action Plan (WRAP)

Wellness Recovery Action Plan (WRAP) is a program that helps individuals identify what makes them well and creates a culture to encourage them to be active participants in their own wellness. Come join us on a journey of learning how to help keep yourself well through fun activities and sharing in a safe environment. WRAP training includes plans for responses from others when you cannot make decisions, take care of yourself or keep yourself safe..

Cost: Free

Time: 16 hours

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201 Sage Road, Suite 300
Chapel Hill, NC 27514

Facilitator name and contact information:

Whitney Robertson

Whitney.Robertson@CardinalInnovations.org

(919) 623-0150

July 31, 2019, 11:00 am – 12:00 pm

Guardianship

Join us for a discussion of guardianship, including alternatives for individuals with intellectual or developmental disabilities. Participants will learn about guardianship, when it is appropriate, how to start the process, the guardian's rights and responsibilities, available alternatives, and strategies to help individuals who do not meet the criteria of incompetency but need assistance to live safely in their communities.

Cost: Free

Time: 1 hour

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Facilitator name and contact information:

Jennifer Munch

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(336) 407-4202

July 31, 2019, 5:00 pm – 6:00 pm

Introduction to Cardinal Innovations Healthcare

Join us to learn about Cardinal Innovations Healthcare—the services we offer, how we can help and where you can find us in the community. This presentation provides participants information on how to access services, emergency services, our provider network, our wellness centers and how we can assist those in need of resources and services, with or without insurance, and how we partner with our local communities.

Cost: Free

Time: 1 hour

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